LiveGood CBD Gummies: Dosage, Drug Tests & Common Questions

LiveGood: Sleep & Calm · https://coachluke.com/docs/livegood-cbd-gummies-dosage-drug-tests-common-questions/

Quick reference for LiveGood CBD Gummies. The full review covers the complete label and the evidence in depth.

How many do I take?

LiveGood's directions: start with 1 gummy (25 mg). You may take 2 gummies (50 mg) as needed, but do not exceed 2 within 6 hours. They can be taken any time of day, with or without food. Each pouch holds 60 gummies, a month at two a day or two months at one.

What is in each gummy?

25 mg of CBD from certified organic, full-spectrum hemp extract, with trace THC under the 0.3% delta-9 legal limit. A two-gummy serving has 20 calories and 6 g of added sugar. They are made with pectin, not gelatin, and LiveGood lists them as USDA Organic, vegan and third-party tested, with no artificial flavors or synthetic colors.

Will they get me high?

No. The trace of THC in full-spectrum hemp has no intoxicating effect at the label serving. If you feel anything beyond relaxed, stop and talk with your doctor.

Can they affect a drug test?

They can. Trace THC from any full-spectrum product can build up with daily use and, in some cases, flag a screen. If you are drug tested for work or sport, check with your employer first, or consider the THC-free CBD Pain Relief Cream.

Who should check with a doctor first?

Skip them if you are pregnant or nursing, and keep them out of reach of children, since they look and taste like candy. CBD can interact with medications, so talk with your doctor or pharmacist first if you take any prescription, especially **blood thinners like warfarin or sedatives**.

How long until I notice anything?

Edible CBD works through digestion, so give each gummy about an hour, and give the routine a couple of consistent weeks before judging. Results vary.

What if they do not work for me?

Every order carries LiveGood's 90-day money-back guarantee. See the guarantee explained for how it works.

Disclosure: Coach Luke is an independent LiveGood affiliate and may earn a commission on purchases made through links on this site, at no extra cost to you. This is not medical advice.