LiveGood CBD Oil: Dosage, Drug Tests & Common Questions

LiveGood: Sleep & Calm · https://coachluke.com/docs/livegood-cbd-oil-dosage-drug-tests-common-questions/

Quick reference for LiveGood CBD Oil. The full review covers the complete label and the evidence in depth.

How do I take it?

LiveGood's directions: one dropperful (1 ml) by mouth as needed, best taken every day. Hold it under the tongue or between your cheek and gum for a moment before swallowing. Start low and go slow: a half dropper in the evening is a sensible first week. The 750 mg bottle holds 30 droppers.

What is in it?

Each dropper of the 750 mg bottle has 25 mg of CBD and under 0.3 mg of THC. The only ingredients are organic hemp distillate and organic MCT oil. There is also a 1,500 mg bottle. Flavors are Natural and Peppermint, and LiveGood lists it as organic, vegan, keto friendly, gluten free, non-GMO and third-party tested.

Will it get me high?

No. The trace of THC in full-spectrum hemp extract has no intoxicating effect at a normal serving.

Can it affect a drug test?

It can. Full-spectrum products carry trace THC, which can build up with daily use and, in some cases, flag a screen. If you are drug tested for work or sport, check with your employer first, or consider the THC-free CBD Pain Relief Cream instead.

Who should check with a doctor first?

Skip it if you are pregnant or nursing. CBD can interact with medications, so talk with your doctor or pharmacist first if you take any prescription, especially **blood thinners like warfarin, sedatives, or drugs that carry a grapefruit warning**. Do not drive until you know how it affects you.

How long until I notice anything?

Give it a couple of consistent weeks before judging. Effects vary a lot between people, and research on CBD for everyday wellness is still developing. Results vary.

What if it does not work for me?

Every order carries LiveGood's 90-day money-back guarantee. See the guarantee explained for how it works.

Disclosure: Coach Luke is an independent LiveGood affiliate and may earn a commission on purchases made through links on this site, at no extra cost to you. This is not medical advice.