LiveGood Herbal Radiance Toner: How to Use It, Glycolic Acid & Common Questions

LiveGood: Skin & Beauty · https://coachluke.com/docs/livegood-herbal-radiance-toner-how-to-use-it-glycolic-acid-common-questions/

Quick reference for LiveGood Herbal Radiance Enriched Toner. The full review covers the complete ingredient list and the details in depth.

How do I use it?

LiveGood's directions: after cleansing, apply the toner to a cotton pad and gently stroke over face and neck. Do not rinse, and avoid the eyes. Because it contains glycolic acid, start with two or three evenings a week and build up only if your skin stays comfortable.

What's in it?

Glycolic acid plus four botanicals LiveGood highlights: watercress, sage, burdock root and ivy. It also has aloe vera, brown sea algae, blue lotus oil, lemon leaf and soapwort extracts, with saccharide isomerate and non-palm glycerin for hydration. LiveGood does not publish the acid strength or pH. It carries vegan and cruelty-free badges.

Do I need sunscreen with it?

Yes. Exfoliating acids like glycolic acid can make skin more sensitive to the sun, so wear sunscreen every day while you use it, even if you only tone at night.

Can I use it with other actives?

Ease in on its own first. Avoid stacking it on the same night as other exfoliating acids or retinoids until you know how your skin responds. Follow it with a moisturizer such as VitaGlow.

What does it cost?

Members pay $11.35 a bottle on Subscribe and Save or $11.95 one time; retail is $29.95. LiveGood's product page does not list the bottle size.

Who should patch test or check with a doctor first?

Patch test on your inner arm for 24 to 48 hours first, especially with **sensitive skin, rosacea, eczema or a plant-extract allergy**. Stinging that lingers, redness or peeling means stop. See a dermatologist for acne or any skin condition; a toner is not a treatment.

How long until I notice anything?

Skin can feel cleaner and smoother within the first week. Changes in texture and brightness usually take two to four weeks of regular use. Results vary.

What if it doesn't work for me?

Every order carries LiveGood's 90-day money-back guarantee. See the guarantee explained for how it works.

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