LiveGood Instant Youth: How to Apply It, How Long It Lasts & Common Questions

LiveGood: Skin & Beauty · https://coachluke.com/docs/livegood-instant-youth-how-to-apply-it-how-long-it-lasts-common-questions/

Quick reference for LiveGood Instant Youth. The full review covers the complete ingredient list and the details in depth.

How do I apply it?

LiveGood's directions: start with a clean, dry face (non-oily cleanser, no eye cream). Pump a tiny amount onto your hand and gently pat it under the eyes, along crow's feet and between the brows. Stay still with a neutral expression for 3 to 5 minutes while it dries, then dab away any white residue with a damp cotton swab.

How long does the effect last?

The tightening is a cosmetic film, so it lasts hours, not days, and washes off with your face. If it cracks, LiveGood suggests dabbing with a little water and letting it dry again. Using too much is the most common reason for residue or cracking.

What's in it?

Pullulan and silicate minerals form the tightening film. It also contains hesperidin methyl chalcone, two peptides (dipeptide-2 and palmitoyl tripeptide-7), horse chestnut, milk thistle and green tea extracts, panthenol and hydrolyzed wheat protein. LiveGood does not publish percentages. It carries vegan and cruelty-free badges.

Can I wear makeup over it?

Yes, once it has fully set. Pat makeup on gently rather than rubbing, which can disturb the film. Apply Instant Youth to clean, dry skin, not over a moisturizer such as VitaGlow.

What does it cost?

Members pay $14.20 a bottle on Subscribe and Save or $14.95 one time; retail is $39.95. LiveGood's product page does not list the bottle size, and each use takes only a tiny amount.

Who should patch test or check with a doctor first?

Patch test on your inner arm for 24 to 48 hours first. Skip it if you have a **wheat allergy**, since it contains hydrolyzed wheat protein. Keep it out of the eyes, and see a doctor about under-eye swelling that is new, one-sided or painful rather than covering it.

How long until I notice anything?

The visible tightening shows once it sets, in about 3 to 5 minutes. Any peptide benefit is modest and gradual. Results vary.

What if it doesn't work for me?

Every order carries LiveGood's 90-day money-back guarantee. See the guarantee explained for how it works.

Disclosure: Coach Luke is an independent LiveGood affiliate and may earn a commission on purchases made through links on this site, at no extra cost to you. This is not medical advice.