LiveGood VitaGlow Moisturizer: How to Use It, Ceramides & Common Questions

LiveGood: Skin & Beauty · https://coachluke.com/docs/livegood-vitaglow-moisturizer-how-to-use-it-ceramides-common-questions/

Quick reference for LiveGood VitaGlow Hydrating Moisturizer. The full review covers the complete ingredient list and the details in depth.

How do I use it?

LiveGood's directions: gently massage into the skin and allow it to dry. It can be used anywhere on the body; avoid contact with the eyes. Most people use it morning and night on clean skin, after a toner if you use one.

What's in it?

Three ceramides (AP, NP and EOP) with cholesterol and phytosphingosine, blue lotus flower oil, white lotus extract, sea algae extracts (Alaria esculenta, algae extract, Fucus vesiculosus oil), babchi seed extract, saccharide isomerate, sodium PCA and glycerin. LiveGood does not publish percentages. It carries vegan and cruelty-free badges.

Where does it fit in a routine?

Cleanse with BioCleanse, tone with the Herbal Radiance Toner, then apply VitaGlow while skin is still slightly damp. For a richer night layer on very dry areas, some people add the Whipped Tallow Balm on top.

What does it cost?

Members pay $14.20 a bottle on Subscribe and Save or $14.95 one time; retail is $29.95. LiveGood's product page does not list the bottle size.

Who should patch test or check with a doctor first?

Patch test on your inner arm for 24 to 48 hours before facial use, especially with **sensitive or reactive skin**. It contains babchi seed extract, so wear daily sunscreen and stop if you notice redness after sun. See a dermatologist for eczema, rosacea or any skin condition; a moisturizer is not a treatment.

How long until I notice anything?

Comfort and softness can show up within days. The look of consistently hydrated skin builds over two to three weeks of daily use. Results vary.

What if it doesn't work for me?

Every order carries LiveGood's 90-day money-back guarantee. See the guarantee explained for how it works.

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